



## **A Service of Holy Communion**

October 20, 2024

Year B, Proper 24

If you would like to receive more information about Trinity Church, please sign our guest book located near the entrance. Everyone is welcome to enjoy refreshments and conversation after worship.

Trinity Church is an Episcopal Church in the Diocesan Partnership of Western New York and Northwest Pennsylvania and is a part of the Anglican Communion which is based in England but found worldwide.

*This centering prayer is by Chaim Stern, and found in Mishkan T'filah.*

*In spirit or in body, the congregation stands to sing hymns.*

Cover image: "Sea of Unanswered Questions" by Matt Lincoln, 2023

# Welcome to Trinity's gathered community! We are together on-site and online!

The people of Trinity Church gather around a table piled high with spiritual food, and there is a place for you and everyone at the table, whatever your religious practice may be. If you are at Trinity in person, know that this congregation supports anyone who wears a mask to reduce risk of infection. Please feel free to receive communion and participate in the service as fully as you want. If you are watching the Facebook Live Stream, you may add comments, likes, etc. to the comment section at any time. If you are on-site, you can use your mobile device to join the Facebook Live Stream to connect with other worshippers in the comment section. Just make sure your volume is all the way down! WiFi internet access is publicly available. Use the "Trinity Open" network with the password "Welcome!"

Trinity Church is a metropolitan house of prayer, a community of worship and spiritual inquiry, welcoming all people. Recognizing our common brokenness, yet rejoicing in the reconciling love of God through Jesus Christ, we nurture one another in our spiritual life together. This communal worship service is many things, including an offering of your prayers. You may light a candle on one of the candle walls at any time during worship as a tangible way to make that prayer offering, or if you are online, request a candle lighting in the comments, and someone on-site will light a candle on your behalf. If you are not on-site, rest assured that your presence online is felt and valued.

Children, with all their sounds and movements, are a welcome part of the gathering for worship. It is perfectly appropriate to keep your kids with you in the pew. If your baby or toddler would be happier being able to crawl around and play, there are Kids' Corners in both side aisles. These are enclosed and safe spaces for small children (attended by their parents) to play quietly on the floor while staying in church. Additionally, there is a room in the back left corner of the church that has a rocking chair and a changing table where you can attend to your child's needs.

Name tags are not required, but they sure help! You'll find sticky tags and markers on a table in the red carpet area near the entrance.

## PRELUDE

"NIMROD" FROM ENIGMA VARIATIONS BY E. ELGAR

## CENTERING PRAYER

Let us pray.

Days pass and the years vanish, and we walk sightless among miracles.

God, fill our eyes with seeing and our minds with knowing; let there be moments when Your Presence, like lightning, illumines the darkness in which we walk.

Help us to see, wherever we gaze, that the bush burns unconsumed.

And we, clay touched by God, will reach out for holiness, and exclaim in wonder.

How filled with awe is this place, and we did not know it!

**Amen.**

## OPENING HYMN

"All praise to thee, for thou, O King divine"



1 All praise to thee, for thou, O King di - vine, \_\_\_\_\_  
 2 Thou cam'st to us in low - li - ness of thought; \_\_\_\_\_  
 3 Let this mind be in us which was in thee, \_\_\_\_\_  
 4 Where - fore, by God's e - ter - nal pur - pose, thou \_\_\_\_\_  
 5 Let ev - ery tongue con - fess with one ac - cord \_\_\_\_\_

1 didst yield the glo - ry that of right was thine, \_\_\_\_\_  
 2 by thee the out - cast and the poor were sought; \_\_\_\_\_  
 3 who wast a ser - vant that we might be free, \_\_\_\_\_  
 4 art high ex - alt - ed o'er all crea - tures now, \_\_\_\_\_  
 5 in heaven and earth that Je - sus Christ is Lord; \_\_\_\_\_

1 that in our dark - ened hearts thy grace might shine. \_\_\_\_\_  
 2 and by thy death was God's sal - va - tion wrought. \_\_\_\_\_  
 3 hum - bling thy - self to death on Cal - va - ry. \_\_\_\_\_  
 4 and given the Name to which all knees shall bow. \_\_\_\_\_  
 5 and God Al - might - y be by all a - dored. \_\_\_\_\_

Al - le - lu - ia! A - men.

Words: F. Bland Tucker (1895-1984) Music: Engelberg, Charles Villiers Stanford (1852-1924); desc. Richard Proulx (b. 1937) Copyright ©1979, G.I.A. Publications, Inc. All rights reserved. Used with permission.

**FIRST READING**

JOB 38:1-11, 18B-21

**T**hen God answered Job from the heart of the storm,  
 “Who is this obscuring my plans  
 with such ignorant words?

Hitch up your belt like the fighter you are;  
 now I will ask the questions and you will answer me!  
 Where were you when I created the earth?  
 If you know the answer, tell me!  
 Who decided its size? Do you know?  
 Who stretched the measuring line across it?  
 Into what foundation were its pillars sunk?  
 Who laid the cornerstone while all the choruses of morning stars sang  
 and the heavenly court shouted for joy?  
 And who held back the sea behind partitions  
 when it burst forth from my womb,  
 when I created clouds as the earth’s raiment  
 and thick darkness as its swaddling clothes—  
 when I drew limits around the waters  
 and locked the partitions in place  
 and said, “This far and no more;  
 this is where your mighty waves stay?  
 If so, address the following:  
 How does one get to the source of light?  
 And where does darkness come from?  
 Could you walk them home?  
 Do you know where they live?  
 If you do know, you were born when they were;  
 so you must be very old!”

Hear what the Spirit is saying to God’s people.

**Thanks be to God.**

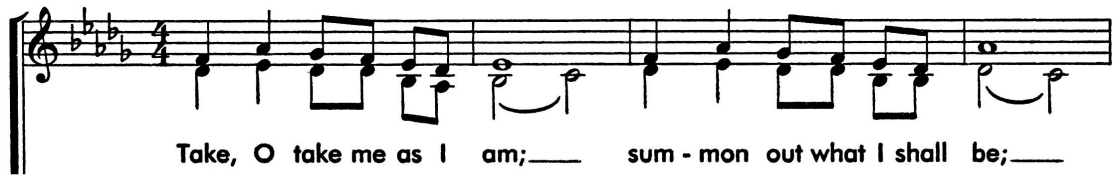
*The Bible readings are taken from The Inclusive Bible: The First Egalitarian Translation by Priests for Equality.*

*Nobody set out to write The Bible. The Hebrew Scriptures were created over many centuries by many people to record the Jewish People’s experience of God. The same is true of the Christian Scriptures, some of which were letters written to a specific audience in response to specific needs—and were then found to be helpful to the faithful even after fulfilling their original purpose.*

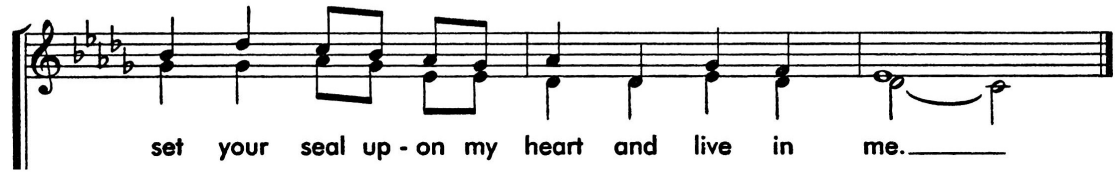
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## ECHO

“TAKE, O TAKE ME AS I AM”



Take, O take me as I am; \_\_\_\_\_ sum - mon out what I shall be; \_\_\_\_\_



set your seal up - on my heart and live in me. \_\_\_\_\_

*The Middle Reading fills the role of a Bible reading, but it doesn't come from the Bible. It is our way of trying to listen for God's ongoing word as it is spoken outside the limits of the Bible. Most often, we turn to contemporary poets for this reading.*

## MIDDLE READING

“IF YOU ARE SWIMMING IN A SEA” BY MORGAN HARPER NICHOLS

If you are swimming in a sea  
of unanswered questions,  
may you find courage to be silent.  
And while the waves  
fall over one another  
in a splash of black and blue,  
slowly drowning out your thoughts  
leaving you with nothing else to do  
but fall helplessly  
under the body  
of rolling water,

If you are swimming in a sea  
do not think you must rush on.  
It is okay to spend some time here.  
It is okay to be the only one here.  
The shore is calling, but today, you're in this water.  
Find its purpose,  
its substance.

Wait in silence.  
Fall into a place of listening  
and surrender,  
and trust that even here,  
these whirling waters  
will not carry you on forever.

And when the current comes  
you will be lifted up,  
carried to the shore,  
and you will be better  
for having been here,  
embracing silence amidst  
the water's roar

Hear what the Spirit is saying to God's People.

**Thanks be to God.**

*Poet Morgan Harper Nichols (b. 1990) is an American musician, songwriter, mixed-media artist, and writer. She performs in person and shares her work across a variety of platforms, including her app Storyteller, online shop and blog titled Garden24, YouTube®, Instagram, and podcast.*

## ECHO

See previous page.

“TAKE, O TAKE ME AS I AM”

## GOSPEL READING

MARK 10:35-45

**Z**ebedee’s sons, James and John approached Jesus. “Teacher,” they said, “we want you to grant our request.” “What is it?” Jesus asked. They replied, “See to it that we sit next to you, one at your right and one at your left, when you come into your glory.” Jesus told them, “You do not know what you are asking. Can you drink the cup I will drink or be baptized in the same baptism as I?” “We can,” they replied.

Jesus said in response, “From the cup I drink of, you will drink; the baptism I am immersed in, you will share. But as for sitting at my right or my left, that is not mine to give; it is for those to whom it has been reserved.”

The other ten, on hearing this, became indignant at James and John. Jesus called them together and said, “You know how among the Gentiles those who exercise authority are domineering and arrogant; those ‘great ones’ know how to make their own importance felt. But it can’t be like that with you. Anyone among you who aspires to greatness must serve the rest; whoever wants to rank first among you must serve the needs of all. The Promised One has come not to be served, but to serve—to give one life in ransom for the many.”

Hear what the Spirit is saying to God’s People.

**Thanks be to God.**

## ECHO

See previous page.

“TAKE, O TAKE ME AS I AM”

## SERMON

THE REV. MATT LINCOLN

## MUSICAL REFLECTION

## AFFIRMATION OF FAITH

**We trust in God, who is the source of all creation, seen and unseen.**

**We trust that God’s divine life is conceived by God and was born in the human form of Jesus, through his mother Mary.**

**In his life, death and resurrection, Jesus embodied God’s self-giving love for the world and God’s will to regenerate life, and to reclaim us from the oblivion of death.**

**We trust that the Spirit of God is present in this world, in our hearts, and within the community of faith, guiding us into all truth and inspiring us to love as we have been loved, to create as we have been created.**

**Amen.**

*It is customary (but not required) to stand for the Gospel reading because it symbolizes the mystical presence of Christ.*

*The four Gospels hold the core of Christian spiritual wisdom, reflecting the earliest stories and images of Jesus. Like all Scripture, they are not definitive prescriptions but narrative stories requiring endless interpretation.*

*The sermon invites your curiosity and thoughtfulness about the theme of worship, and is intended to evoke your thoughts rather than direct them. A recording of the sermon is posted to the parish website each week, usually by Tuesday.*

*In spirit or in body, please stand.*

*This is a reflection on the Nicene Creed, written by Matt Lincoln.*

## COMMUNITY PRAYERS

The Lord be with you.

### **And also with you.**

Let us pray for the Church and for the world.

In particular, we have been asked to pray for:

Victims of the recent hurricanes  
Laurel Mark- looking for gainful employment  
Shirley Hudders, who died and all who mourn her  
Harry Fackelman, who died and all who mourn him  
Shirley Ruske - diagnosed with cancer  
Bryce - a 10-year-old boy expected to be in a full body cast for 4 months  
Ross DiLoro  
Jessica Pawlowski Bonnes who recently lost her husband to suicide  
Bernie Kiedyk - hospitalized after being hit by a car while walking  
Bernie Adams, Leslie Charlier's father who died, and all who mourn him  
Cassandra and Michael  
Jack Giardina

Karen Smallen  
Jeff Watson, John and Catherine Gillespie's son-in-law  
Dale Worwa  
Ed and Sherry Czechowski - recovering from a serious motor vehicle accident  
Ellen Nichter - health concerns  
Abby Laettner  
Adam Kreutinger  
Jessica De Oliveira E Silva (Quinn) - battling stage 4 breast cancer  
Margaret (Peggy) Rizzo - suffers from Alzheimer's  
Alphonso and Marcia O'Neil-White - health concerns  
Kathy Jerzewski - a return of lymphoma  
Betsy and Peter Curtis

*These prayers are an effort to pray with one voice even though we have a diversity of needs and hopes.*

*Add your requests by scanning the QR code.*



We pray for the needs of Trinity, our Diocese, and the national church as our Bishop, Right Reverend Sean Rowe prepares to assume his newly elected position as Presiding Bishop, and we continue to embrace adaptive change to meet the challenges of local circumstances.

*Choir sings the refrain, then all join a second time.*



With God, all things are poss - i - ble; all things are poss - i - ble with God.

*This form of Community Prayers revolves around a musical refrain from the Iona Community.*

Christ took five loaves and two fish,  
blessed and broke them, and fed a crowd.  
No one understood, but all were included.

Christ rubbed mud on the eyes of someone who was blind.  
No one understood, but the person began to see.

*Refrain, twice*

Upon waking in the middle of a storm,  
Christ told the wind and waves to be quiet.  
No one understood, but all became calm again.

Christ could outwit the high and mighty,  
but when it came to showing  
who was greatest in the eyes of God,  
Christ took a child in his lap.

*Refrain, twice*

We look at people around us, and even in the mirror,  
and see how fear and pride divide our communities.

We see how greed and the turning of a blind eye  
degrade the natural world  
and leave vulnerable people destitute.

We worry about loved ones facing illness or danger.  
We worry about those who struggle to make ends meet.

We grieve the loss of those we loved but see no longer,  
wondering how we will get through tomorrow.

*Refrain, twice*

We marvel at the raw power and beauty mixed together in a winter sky.

We are grateful for everything that sustains us.

We thrill at the creativity of the human spirit and we are warmed by the kindness and understanding  
we receive from each other.

We seek wisdom and compassion to guide us in our common life,  
and hope for the courage to build a more just society.

*Refrain, twice*

Christ offered freedom to people who had become trapped by the cruelty of others, and even to  
people who had become trapped by their own bad choices.

Christ begged to be spared the cross, yet found the strength to go willingly, and showed that even in  
death, all things are possible with God.

*Refrain, twice*

## **THE PEACE**

The God of heaven has made a home on earth.

**Christ dwells among us and is one with us.**

The peace of Christ be always with you.

**And also with you.**

*Now would be a great time to add a comment to the Live Stream!*

## **ANNOUNCEMENTS**

*This form of the  
Peace comes  
from the Iona  
Community.*

*Your financial support is not only a practical necessity. It can also be a very meaningful symbolic gesture, expressing your gratitude for the blessings in your life and your hope for health in the world. You can place cash or a check in the collection plate when it is brought around during the offertory or [donate online here](#), or initiate an online donation by texting TRINITYBUFFALO to 73256. You can also get there by scanning the QR code.*



*Sanctus from Lift Every Voice and Sing, an African American hymnal.*

## OFFERTORY ANTHEM

“A SONG OF AUTUMN” WORDS BY ALICE CARPENTER, MUSIC BY JAMES KIRKBY

When the lamps are lit, when the days begin to wane,  
 When the mountains glow and creation is all aflame,  
 We give thanks to Him whose riches from the ripened fields we bring,  
 And praise Him, our God and King.

As the earth waits in wonder, as winter draweth nigh;  
 We await the promise as the fields in silence lie.  
 May the blessings of this season come to you,  
 The mist of autumn eve and morning dew;  
 For bounteous gifts of fruit and grain our harvest hymn we sing,  
 And praise Him, our God and King. Amen.

## SHARING THE OPEN TABLE

All are welcome to receive Communion at Trinity Church. No Exceptions!

All things come of thee, O Lord;  
**and of thine own have we given thee.**

The Spirit of God be with you.  
**And also with you.**  
 Lift your hearts to heaven  
**where Christ in glory reigns.**

Let us give thanks to God.  
**It is right to offer thanks and praise.**

It is right to give thanks and praise to you, Holy God, creator of the universe and giver of life.  
**You brought the world into being and declared it good; you made humankind in your image, and entrusted to us the stewardship of all creation.** Therefore with the faithful who rest in Christ, with angels and archangels and all the company of heaven, we proclaim your great and glorious name, for ever praising you and saying:

Ho - ly, ho - ly, ho - ly, ho - ly

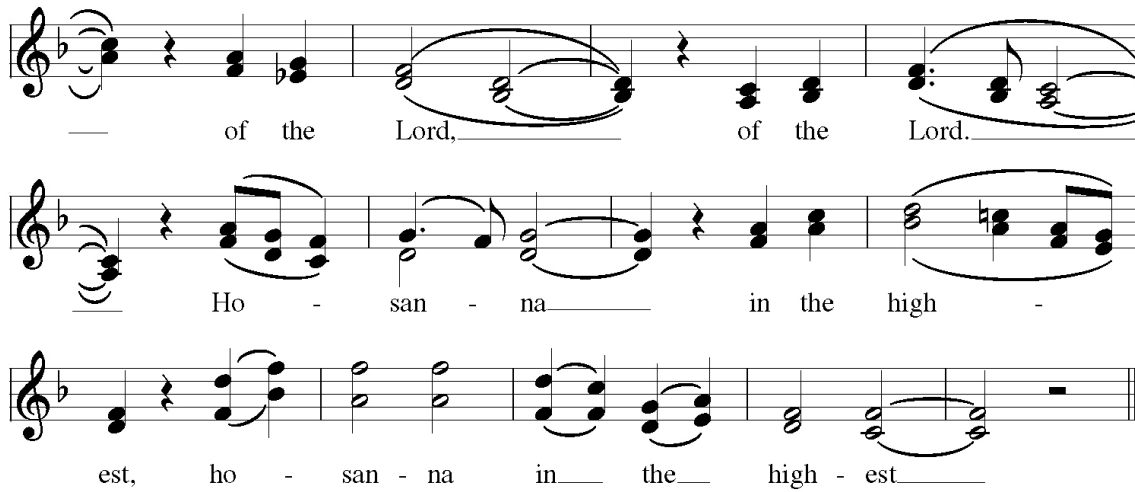
ho - ly Lord God of hosts.

Heav - en and earth are filled with your glo -

ry. Ho - san - na in the high - est.

Bless - ed is the One who comes in the name





God of our weary years, God of our silent tears, you have brought us this far along the way. In times of bitterness you did not abandon us, but guided us into the path of love and light. In every age you sent prophets to make known your loving will for all humanity. **The cry of the poor has become your own cry; our hunger and thirst for justice is your own desire.** In the fullness of time, you sent your chosen servant to preach good news to the afflicted, to break bread with the outcast and despised, and to ransom those in bondage to prejudice and sin.

*This Eucharistic Prayer comes to us from the Lutheran Book of Worship from the Evangelical Lutheran Church in America.*

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: **“Take and eat; this is my body, given for you. Do this for the remembrance of me.”** Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: **“This cup is the new covenant in my blood, shed for you and all people for the forgiveness of sin. Do this for the remembrance of me.”**

For as often as we eat of this bread and drink from this cup we proclaim the Lord's death until he comes.

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

Remembering, therefore, his death and resurrection, we await the day when Jesus shall return to free all the earth from the bonds of slavery and death. Come, Lord Jesus! And let the church say, Amen. **Amen.**

Send your Holy Spirit, our advocate, to fill the hearts of all who share this bread and cup with courage and wisdom to pursue love and justice in all the world. Come, Spirit of freedom! And let the church say, Amen. **Amen.**

**Join our prayers and praise with your prophets and martyrs of every age, that, rejoicing in the hope of the resurrection, we might live in the freedom and hope of your Son.** Through Christ and with Christ, in the unity of the Holy Spirit, all glory and honor is yours, almighty God, now and forever. **Amen.**

*We are following a pattern of going back and forth between using an alternative interpretation of the Lord's Prayer for a few weeks and then using the traditional Prayer Book version for a few weeks.*

*This version of the Lord's Prayer is what many of us grew up learning.*

*It is also the version shared at the end of many 12 Step meetings.*

*Although it is important to stay fresh and engaged by the words of our prayers, it is also important to be reminded that we as individuals are part of a great cloud of witnesses who have been inspired to turn to God in prayer throughout the ages.*

*\*Jesus revealed a new, personal sense of relationship with God by addressing God as something like "Papa." Always feel free to use your most meaningful name for God in saying the Lord's Prayer.*

*This blessing is based on the words of Henri Frederic Amiel (1821-1881).*

Now, as Christ has taught us, we are bold to say:

**Our Father,\* who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,  
as we forgive those  
who trespass against us.**

**And lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

The disciples knew the Lord Jesus in the breaking of the bread.

**Were not our hearts burning within us as we walked along the road?**

### RECEIVING COMMUNION

*For those of you online, you are invited to have a morsel of bread and a sip of wine (or any substitutes you choose) during the time that communion is being shared.*

*For those in the building, you are invited to come forward and make a large circle around the perimeter of the open area, where you will be offered a morsel of bread dipped in wine. Please let the ministers of communion know if you prefer not to have your bread dipped in the wine. Also, let them know if you need a gluten-free wafer instead of wheat bread.*

### PRAYER FOR THE ROAD

Let us pray:

**Loving God,  
we give you thanks  
for restoring us in your image  
and remembering the body of Christ,  
which has been broken for the life of the world.**

**Now give us grace to trust that we are  
a people, forgiven, healed, renewed.**

**Give us the courage to proclaim your love to the world,  
and to continue in the risen life of Christ our Savior. Amen.**

### BLESSING

Life is short. We do not have too much time to gladden the hearts of those who make the journey with us. So be swift to love. Make haste to be kind. And may the blessing of God, who made us, who loves us, and who animates and guides us be with you now and always. **Amen.**

HYMN

“GO FORTH FOR GOD”

*In spirit or in body, the congregation stands to sing hymns.*



Go\_\_ forth for God; go to the world in peace;  
 Go\_\_ forth for God; go to the world in love;  
 Go\_\_ forth for God; go to the world in strength;  
 Go\_\_ forth for God; go to the world in joy;



Be\_\_ of good cour - age, armed with heaven - ly grace,  
 strength - en the faint, give cour - age to the weak;  
 hold\_ fast the good, be ur - gent for the right;  
 to\_\_ serve God's peo - ple ev - ery day and hour,



in\_\_ God's good Spi - rit dai - ly to in - crease, 'til  
 help\_\_ the af - flict - ed; rich - ly from a - bove God's  
 ren - der to no one e - vil; Christ at length shall  
 and\_\_ serv - ing Christ, our ev - ery gift em - ploy, re -



in the end, we see God face to face.  
 love sup - plies the grace and power we seek.  
 o - ver - come all dark - ness with his light.  
 joic - ing in the Ho - ly Spi - rit's power.

Tune by M. Lincoln, arr. A. Murchie, Copyright © 2005 Matthew Lincoln. Descant by Eileen Chapman.  
 Words by J. R. Peacey (1896-1971) and *English Praise*, 1975, alt. Revised, 2016.

*Our spiritual practice is renewed as we leave here and begin again to work the promises of the covenant.*

DISMISSAL

Go in peace to love others as God has loved you. Alleluia, alleluia!  
**Thanks be to God. Alleluia, alleluia!**

POSTLUDE

“LULLABY OF THE LEAVES” BY BERNICE PETKERE AND JOE YOUNG

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Trinity is an Episcopal Church in the Diocesan Partnership of Western New York and Northwest Pennsylvania.

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## VESTRY

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Erickson Contreras, Junior Warden  
Bing Sherrill, Treasurer  
Elaine "Gretchen" Lodick, Clerk  
Clint Brown  
Emily Carlin  
Chris Cuccia  
Sue Doherty  
Connie Ervin  
Tim Lane  
Megan McElfresh  
Missy Stolfi

## CHOIR MEMBERS

Laura Munson, Section Leader  
Cheryl Fisher  
Elaine "Gretchen" Lodick  
Christina Kinney  
Laura Schleicher, Section Leader  
Sue Doherty  
Jocelyn Toenniessen  
John Clayton, Section Leader  
Steve Shanley  
Tim Lane, Section Leader  
Tom Owen  
Ignacio Villa

## TODAY'S WORSHIP TEAM

**Voice of Trinity (Facebook):** Julie Keller-Rizzo  
**Cyber Sacristans:** Barbara Hall-Griesmann, Meg Knowles  
**Greeters:** Phoebe McKay, Mark Dellebovi  
**Readers:** Davis Bradley, Patti Nisbet, John Fantini  
**Prayers:** Abigail Ruggles  
**Announcements:** Tim Lane  
**Communion Ministers:** Bruce McKay, Ed Fries, Patti Nisbet  
**Guest musician:** Andy Weinzler, saxophone  
**Counters:** Missy Stolfi, Emily Carlin  
**Bakers:** Phoebe McKay, Elaine Lodick

## All services are in person AND online:

### Sunday @10:30am

In-person worship while live streaming on Facebook and YouTube. The Sunday online Live Stream service remains accessible as a video recording on Trinity's [Facebook](#) and [YouTube](#) pages after the service is over.

### Sunday @7:00pm

Featuring poetry and jazz, in person in the Chapel and on Zoom.

### Wednesday @Noon

Prayer and holy conversation, in person and on Zoom

### Thursday @7pm

The wisdom and fellowship of 12-Step recovery, in person and on Zoom

Email your request for a [link to the Zoom worship services here](#).

 [Facebook: @Trinitybuffalo](#)

 [YouTube: Trinity Church Buffalo](#)

 [Instagram: @trinity.church.buffalo](#)

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