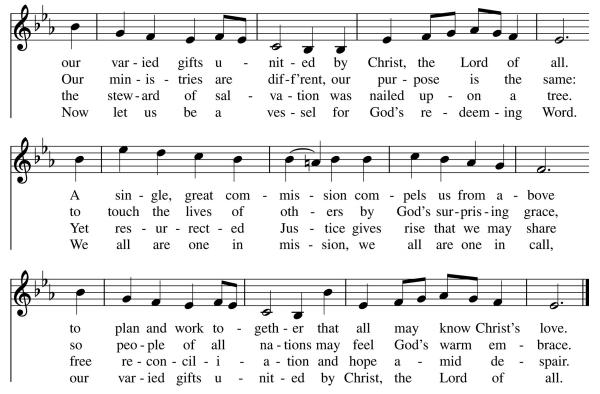


# A Service of Holy Communion January 26, 2025 Third Sunday After the Epiphany

If you would like	Welcome to Trinity's gathered community!		
to receive more information	We are together on-site and online!		
about Trinity Church, please sign our guest book located near the entrance. Everyone is welcome to enjoy refreshments and conversation	The people of Trinity Church gather around a table piled high with spiritual food, and there is a place for you and everyone at the table, whatever your religious practice may be. If you are at Trinity in person, know that this congregation supports anyone who wears a mask to reduce risk of infection. Please feel free to receive communion and participate in the service as fully as you want. If you are watching the Facebook Live Stream, you may add comments, likes, etc. to the comment section at any time. If you are on-site, you can use your mobile device to join the Facebook Live Stream to connect with other worshippers in the comment section. Just make sure your volume is all the way down! WiFi internet access is publicly available. Use the "Trinity Open" network with the password "Welcome!"		
after worship. Trinity Church is an Episcopal Church in the Diocesan Partnership of Western New York and Northwest	Trinity Church is a metropolitan house of prayer, a community of worship and spiritual inquiry, welcoming all people. Recognizing our common brokenness, yet rejoicing in the reconciling love of God through Jesus Christ, we nurture one another in our spiritual life together. This communal worship service is many things, including an offering of your prayers. You may light a candle on one of the candle walls at any time during worship as a tangible way to make that prayer offering, or if you are online, request a candle lighting in the comments, and someone on-site will light a candle on your behalf. If you are not on-site, rest assured that your presence online is felt and valued. Children, with all their sounds and movements, are a welcome part of the gathering for worship. It is perfectly appropriate to keep your kids with you in the pew. If your baby or toddler would be happier being able to crawl around and play, there are Kids' Corners in both side aisles. These are enclosed and safe spaces for small children (attended by their parents) to play quietly on the floor while staying in church. Additionally, there is a room in the back left corner of the church that has a rocking chair and a changing table where you can attend to your child's needs. You may also choose to take advantage of our nursery which is available for toddlers through		
Pennsylvania and is a part of the Anglican Communion which is based in England but found worldwide.			
Cover image: Woman runner, artist uncredited	PRELUDE "Cornet Voluntary" by John Travers		
	CENTERING PRAYER Let us pray responsively.		
This centering prayer was written by Matt Lincoln, based on a quotation from Tirabassi & Grant, An Improbable Gift of Blessing.	<ul> <li>This church is a field where mustard seeds are planted.</li> <li>Oh, God, let our small faith grow.</li> <li>This church is a loaf leavened with your hope.</li> <li>Oh God, let our trust rise with your Spirit.</li> <li>This church is prepared for a banquet.</li> <li>Oh, God, let us come dressed in the garment of love, which holds all together in harmony. Amen.</li> </ul>		
In spirit or in body, the congregation	OPENING HYMN "We all are one in mission"		
stands to sing hymns.	1. We all are one in       mis - sion, we all are one in call,         2. We all are called for       ser - vice to wit-ness in God's name.         3. We all be - hold one       vi - sion, a stark re - al - i - ty;         4. Now let us be u - nit - ed and let our song be heard.		



Words: Rusty Edwards (b. 1955). Music: Nyland, Finnish folk melody; adapt. and harm. David Evans (1874-1948).

#### FIRST READING

I CORINTHIANS 12:12-31A

he body is one, even though it has many parts; all the parts—many though they are comprise a single body. And so it is with Christ. It was by one Spirit that all of us, whether we are Jews or Greeks, slaves or citizens, were baptized into one body. All of us have been given to drink of the one Spirit. And that Body is not one part; it is many.

If the foot should say, "Because I am not a hand, I do not belong to the body," does that make it any less a part of the body? If the ear should say, "Because I am not an eye, I do not belong to the body," would that make it any less a part of the body? If the body were all eye, what would happen to our hearing? If it were all ear, what would happen to our sense of smell? Instead of that, God put all the different parts into one body on purpose. If all the parts were alike, where would the body be?

They are, indeed, many different members but one body. The eye cannot say to the hand, "I do not need you," any more than the head can say to the feet, "I do not need you." And even those members of the body which seem less important are in fact indispensable. We honor the members we consider less honorable by clothing them with greater care, thus bestowing on the less presentable a propriety which the more presentable do not need. God has so constructed the body as to give greater honor to the lowly members, that there may be no dissension in the body, but that all the members may be concerned for one another. If one member suffers, all the members suffer with it; if one member is honored, all the members share its joy.

You, then, are the body of Christ, and each of you is a member of it. Furthermore, God has set up in the church, first, apostles; second, prophets; third, teachers; then miracle workers, healers, assistants, administrators and those who speak in tongues. Are all apostles? Are all prophets? Are all teachers? Do all work miracles or have the gift of healing? Do all speak in tongues, or do all have the gift of interpretation of tongues? Set your hearts on the greater gifts.

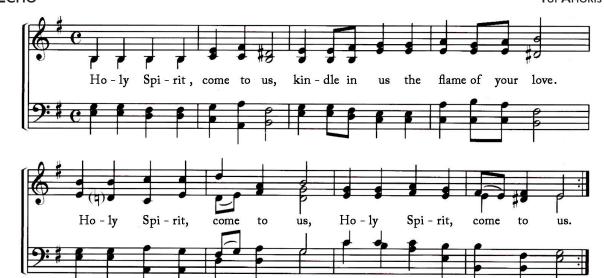
Hear what the Spirit is saying to God's people. **Thanks be to God.** 

Nobody set out to write The Bible. The Hebrew Scriptures were created over many *centuries by many* people to record the Jewish People's *experience of God. The same is true* of the Christian Scriptures, some of which were letters written to a specific audience in response to specific needs—and were then found to be helpful to the faithful even after fulfilling their original purpose.

The Bible readings are taken from The Inclusive Bible: The First Egalitarian Translation by Priests for Equality.

#### Есно

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The Middle Reading fills the role of a Bible reading, but it doesn't come from the Bible. It is our way of trying to listen for God's ongoing word as it is spoken outside the limits of the Bible. Most often, we turn to contemporary poets for this reading.

Andrea Gibson (b. 1975) is an American poet and activist from Calais, Maine, who has lived in Boulder. Colorado since 1999. Gibson's poetry focuses on gender norms, politics, social *justice*, and LGBTQ topics, as well as living with *life threatening* illness. They are in treatment for ovarian cancer.

MIDDLE READING "You can walk through life believing everything is a miracle," my therapist said, paraphrasing Einstein long ago. "Or you can walk through life believing nothing is a miracle. Whatcha gonna choose?" "Everything is a miracle!" I say these days, but that wasn't my answer in the past. Why did I go so long believing I owed this world my disappointment? "I hate it here," writes every other person online. But I love it here. "I love it here," I whisper to the sky at lam, while standing on my upstairs porch. "I love it here," I whisper into my doctor's stethoscope, so she can finally hear my heart.

Hear what the Spirit is saying to God's people. **Thanks be to God.** 

Есно See above. "You Can Walk Through Life" by Andrea Gibson

# GOSPEL READING

#### LUKE 4:14-21

esus returned in the power of the Spirit to Galilee, and his reputation spread throughout the region. He was teaching in the Galilean synagogues, and all were loud in their praise. Jesus came to Nazareth, where he had been brought up. Entering the synagogue on the Sabbath, as was his habit, Jesus stood up to do the reading.

When the book of the prophet Isaiah was handed him, he unrolled the scroll and found the passage where it was written: "The Spirit of our God is upon me: because the Most High has anointed me to bring Good News to those who are poor. God has sent me to proclaim liberty to those held captive, recovery of sight to those who are blind, and release to those in prison, to proclaim the year of our God's favor."

Rolling up the scroll, Jesus gave it back to the attendant and sat down. The eyes of all in the synagogue were fixed on him. Then he said to them, "Today, in your hearing, this scripture passage is fulfilled."

Hear what the Spirit is saying to God's People. **Thanks be to God.** 

ECHO See previous page.

**S**ERMON

MUSICAL REFLECTION

AFFIRMATION OF FAITH

We are not alone, we live in God's Creation.

We believe in God: who has created and is creating, who has come in Jesus, the Word made flesh, to reconcile and make new, who works in us and others by the Spirit.

We trust in God. We are called to be the Church: to celebrate God's presence, to love and serve others, to seek justice and resist evil, to proclaim Jesus, crucified and risen, our judge and our hope. In life, in death, in life beyond death, God is with us. We are not alone. Thanks be to God. Amen. It is customary (but not required) to stand for the Gospel reading because it symbolizes the mystical presence of Christ.

The four Gospels hold the core of Christian spiritual wisdom, reflecting the earliest stories and images of Jesus. Like all Scripture, they are not definitive prescriptions but narrative stories requiring endless interpretation.

"Tui Amoris"

THE REV. MATT LINCOLN

The sermon invites your curiosity and thoughtfulness about the theme of worship, and is intended to evoke your thoughts rather than direct them. A recording of the sermon is posted to the parish website each week, usually by Tuesday.

In spirit or in body, please stand.

This comes from the United Church of Canada. Like the Nicene Creed that it reflects, it is an expression of faith intended as a symbol of solidarity with other Christians throughout history but not as a pledge of allegiance required for membership. COMMUNITY PRAYERS

The Lord be with you.

And also with you.

Let us pray for the Church and for the world.

In particular, we have been asked to pray for: Fata Haskovic Shirley Ruske - diagnosed with cancer Maryanne Nowacki Ross Dil oro Cameron - recovery from surgery Cassandra and Michael Carol Siracuse - recovery from surgery lack Giardina Christian Cuccia - recovering from a fall Karen Smallen JVD - for acceptance of results of my Jeff Watson, John and Catherine Gillespie's medical test son-in-law Dale Worwa Andrew Eisenhardt - battling addiction Carol Torns - recovering from a fall Ed and Sherry Czechowski - recovering from a serious motor vehicle accident Bruce McKay - restoring his vision loe Silvestri - recovering from a stroke Alphonso and Marcia O'Neil-White Paul Werner- recovering from a stroke Jessica De Oliveira E Silva (Quinn) - battling Louis Bordanaro - fell off ladder stage 4 breast cancer John Michael Hulme - battling addiction Margaret (Peggy) Rizzo - suffers from Mark and Dave Gerard Alzheimer's Kathy Jerzewski - a return of lymphoma Richard Kay Gary and Lisa Panek - recovering from head-Betsy and Peter Curtis on motor vehicle accident

Loving God, you have set us in families and clans, in cities and neighborhoods. Our common life began in a garden, but our destiny lies in the city. You have placed us in and around Buffalo. This is our home. Your creativity is on display here through the work of human hearts and hands. We pray for Buffalo today—for the East Side and the West Side, North Buffalo and South Buffalo. We pray for people from the First Ward and the Fruit Belt. We pray for our poorest neighbors and for powerful people in banks and businesses downtown.

We pray for neighboring communities from across our partnership: from Olcott to Olean, from Angola to Albion, from Erie to Edinboro, from Emporium to New Castle and a thousand other cities connected to our own.

In all our neighborhoods this day there will be crime and callous moneymaking; there will be powerful people unable or unwilling to see the vulnerable who are their neighbors. There will also be beautiful acts of compassion and creativity in all these places—forgiveness and generosity; neighbors working together for a more just community.

Help us see this place as something other than a battleground between us and them, where our imaginations are limited by win/lose propositions and endless rivalry. Show us a deeper reality, God: Show us your Beloved Community.

We pray for the protection of all people around the world from infections, diseases and other illness. We pray for people who are hungry or homeless, and for all who are in danger of violent attack, especially those in the Ukraine, Israel and Gaza. We pray also for all who are lonely, all who are overwhelmed by difficult circumstances, or trapped in harmful relationships.

Add your requests by scaning the QR code.



These prayers are an effort to pray with one voice even though we have a diversity of needs and hopes. We pray for all who grieve, and all who live in fear. We pray for all who are dependent on the compassionate care of others, and for those who work tirelessly to care for the ones who are in need. We pray for our beautiful planet, and for the wisdom and will to stop climate change.

Prosper our city, and help us to trust that you are God, we pray in the name of the one who wept over the Holy City, Jesus Christ, our Lord. **Amen.** 

## THE PEACE

The peace of the Lord be always with you. And also with you. Now would be a great time to add a comment to the Live Stream!

# **A**NNOUNCEMENTS

## OFFERTORY ANTHEM

"The Ends of the Earth are in Your Hands" by Gwyneth Walker Alto Soloist: Laura Schleicher

The lone, wild bird in lofty flight is still with you nor leaves your sight. And I am yours, I rest in you. Great Spirit come, rest in me too.

Each secret thought is known to you. The path I walk my whole life through. My days, my deeds, my hopes my fears, my deepest joys, my silent tears.

The earth is scarred, and cries in pain. The forests burn, and thirst for rain. When children die, and parents mourn, Great Spirit come in my heart reborn.

For the ends of the earth are in your hands, the sea's dark deep, and the distant land. I nothing want but to know your care. Great Spirit come, receive our prayer. Great Spirit hear, Great Spirit live, Great Spirit breath, Great Spirit heal/ Great Spirit come, receive our prayer.

# SHARING THE OPEN TABLE

All are welcome to receive Communion at Trinity Church. No Exceptions! All things come of thee, O Lord; and of thine own have we given thee.

The Lord be with you. **And also with you.** Lift up your hearts. **We lift them to the Lord.** Let us give thanks to the Lord our God. **It is right to give God thanks and praise.** 

Eternal God, in the abundance of your love you have caused all things to be; from dust and spirit you have woven our humanity; in all our wanderings you never cease to call us to fullness of life. **You gave us Jesus, son of Mary, the bread of life broken for the world**; he fed us and feasted with us, he healed us and suffered for us; **his dying and rising have set us free from the poverty of sin and the famine of death**. Therefore, with all whom you have made, cherished and called, with all who hunger for your kingdom and will not rest until all your children are fed, with the broken saints and redeemed sinners of all the ages, we take up the song of your praise:

support is not only a practical necessity. It can also be a very meaningful symbolic gesture, expressing your gratitude for the blessings in your *life and vour* hope for health *in the world. You* can place cash or a check in the *collection plate* when it is brought around during the offertory or donate online here, or *initiate an online* donation by texting TRINITYBUFFALO to 73256. You can also get there by scanning the QR code.

Your financial



This Eucharistic Prayer is adapted from Steven Shakespeare's Prayers For An Inclusive Church, 2009.

Ho - ly, ly, ho ho ly Lord, God of power and might, heaven and earth are full of your glo - ry. Ho -This Sanctus is set to the early American folk-tune in high - est. san na the Bless-ed is the One who comes Land of Rest. the name of in the Lord. Ho - san the na in high high Ho san na in the est. est. We ask that your Holy Spirit will fall upon us and upon these gifts that they may be to us the body and blood of our lord and brother, Jesus Christ; who, on the night that he was betrayed, gathered with his faltering friends for a meal that tasted of freedom. Calling them to his table, he took bread, gave thanks, broke it and said: "This is my body, which is given for you. Do this to remember me." In the same way after supper, he took the cup, saying: "This cup is the new covenant in my blood. Do this, whenever you drink it, to remember me." Therefore we proclaim him as creation's host, transforming poverty into plenty in the reckless generosity of love. Inspire us with the hope that one day death and greed will be no more and people without number will come from east and west, north and south to share the kingdom meal. We ask this through Jesus Christ our Lord, by whom and with whom and in whom in the unity of the Holy Spirit all honor and glory are yours, Author of blessings, for ever and ever. Amen. We are following a Now, as Christ has taught us, we are bold to say: pattern of going back Dear One. and forth between using an alternative closer to us than our own hearts, interpretation of the farther from us than the most distant star, Lord's Prayer for a you are beyond naming. few weeks and then using the traditional Prayer Book version May your powerful presence become obvious for a few weeks.

not only in the undeniable glory of the sky, but also in the seemingly mundane processes of the earth.

Give us what we need, day by day, to keep body and soul together, because clever as you have made us, we still owe our existence to you.

We recognize that to be reconciled with you, we must live peaceably and justly with other human beings, putting hate and bitterness behind us.

We are torn between our faith in your goodness and our awareness of the evil in your creation, so deliver us from the temptation to despair.

Yours alone is the universe and all its majesty and beauty. So it is. Amen.

The disciples knew the Lord Jesus in the breaking of the bread. Were not our hearts burning within us as we walked along the road?

# **RECEIVING COMMUNION**

All are welcome to receive communion, regardless of religious background or affiliation. For those of you online, you are invited to have a morsel of bread and a sip of wine (or any substitutes you choose) during the time that communion is being shared.

For those in the building, you are invited to come forward and make a large circle around the perimeter of the open area, where you will be offered a morsel of bread dipped in wine. Please let the ministers of communion know if you prefer not to have your bread dipped in the wine. Also, let them know if you need a gluten-free wafer instead of wheat bread.

PRAYER FOR THE ROAD

Let us pray: Loving God, we give you thanks for restoring us in your image and remembering the body of Christ, which has been broken for the life of the world. Now give us grace to trust that we are a people, forgiven, healed, renewed. Give us the courage to proclaim your love to the world, and to continue in the risen life of Christ our Savior. Amen.

# BLESSING

Life is short. We do not have too much time to gladden the hearts of those who make the journey with us. So be swift to love. Make haste to be kind. And may the blessing of God, who made us, who loves us, and who animates and guides us be with you now and always. **Amen.** 

This blessing is based on the words of Henri Frederic Amiel (1821-1881).

This version of the Lord's Prayer was written by the *Rev. Jim Burklo.* He is a UCC pastor who is the *Executive Director* of Progressive Christians Uniting, which organizes ZOE, a national network of progressive *Christian ministries* at colleges and universities.

Jesus revealed a new, personal sense of relationship with God by addressing God as something like "Papa." Always feel free to use your most meaningful name for God in saying the Lord's Prayer.

HYMN "Heaven shall not wait" In spirit or in body, the congregation stands to sing hymns. 1. Heaven shall not wait for the poor to lose pa-tience, the scorned to their for the rich to share their 2. Heaven shall not wait for - tunes, the proud to 3. Heaven shall not wait for the dawn of great i de - as, thoughts of com--4. Heaven shall not wait for tri - um - phant Hal-le - lu - jahs, when earth has the des-pised smile, to find a\_ friend: Je-sus is Lord; he has fall. the e - lite to tend the\_ least: Je-sus is Lord; he has © 1987, WGRG, pas - sion di-vorced from cries of\_ pain: he has Je-sus is Lord; Iona Community, passed and we reach an - oth - er shore; in our Je-sus is Lord; GIA Publications. Inc., agent Contributors: John Bell cham-pioned the un - want ed: in him in - just ice conser-vants' shown the mas-ters' privi lege, to kneel and wash mar - ried word and ac tion; his cross and com pan - y pre - sent im - per - fec tion; his power and love are for -D.C. Verses 1-3 Verse 4 fronts its time - ly\_\_\_\_ end. ev er more. feet be - fore they feast. make his pur pose\_ plain. and then for now: Our spiritual DISMISSAL practice is renewed as we leave here Go in peace, trusting that we are made one in Christ, to shine in the world with God's light. and begin again to Alleluia, alleluia! work the promises Thanks be to God. Alleluia, alleluia! of the covenant. POSTLUDE "RAIN DEVIL" BY DICK FADALE

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**Vestry Elections and Annual Meeting** on Sunday, Feb 2. You can vote for our new Vestry members now through Sunday, Feb 2 @10:30am. Everyone who considers themselves to be a member of Trinity is welcome to vote. This year we are electing I warden and 3 vestry members. Be sure to attend the annual meeting on February 2 @11:30am in the Marfield Room to learn what's been going on at Trinity. You may notice that there are the same number of candidates as there are vestry openings. It is still important that you take the time to vote. Your vote indicates that you do support these people representing you on the vestry. Click here to vote.

#### JoAnne Sundell - Warden

I'm a mom of two college-aged sons, small business owner with my husband Dan, and an adjunct history instructor at SUNY Erie's City campus. I've been a member and greeter at Trinity for about 20 years. Since 2019, I've served on two committees formed to help Trinity to become economically sustainable in an era of declining church membership. I believe that I have a clear understanding of our obstacles and opportunities. As Warden, my intention is to support Matt and the vestry as Trinity transforms into the best, sustainable version of itself.

## Jane Kearns

I am honored to be asked to put my name up for vestry! I have been an active member since 1976. Trinity has been an important part of my life all of these years. I taught the Sunday school nursery for more than 8 years, served on vestry 2 terms, leader of the kitchen area for the White Elephant Sale for many years and since its demise, have offered assistance in various fundraisers as I have been able. I have just retired from Hunt REC after 42 years and have enough energy left to assist Trinity in any way needed. Thank you for considering me.

## Jess Poleon

My background in public service (I work for Erie County) will assist me in serving the congregation as a vestry member. I am a good listener and will listen to what the members want. I bring a fresh set of eyes and perspective to the table. Everyone's voice is essential. No matter how large or small someone believes themselves to be, we are all equal and must be part of the conversations carrying the church into the future. I currently serve on the WNY ASIS [American Society of Industrial Securities] as co-vice chair, having served five terms as chair. I live in the Blackrock section of Buffalo with my husband Paul, who I've shared 21 blissful years of marriage and counting, our teenage son PJ (Paul Jr.), and our two dogs, Harley and Jack. If anyone has any questions, feel free to reach out.

# Cynthia J. Stroud

I am affectionately known as Cindy, and I work as a staff member of the Clean Air Coalition, based here at Trinity. I have been asked by the nominating committee to bring a Trinity partner perspective to the vestry. I am a proud Buffalonian who graduated from the Buffalo Public School system. I am always ready to lend a helping hand to my community and anyone in need. I am deeply committed to community health. Additionally, I have experience working with individuals with intellectual and/or physical disabilities, negotiating contracts with a labor union, and ensuring a complete count during each census cycle, including the homeless population. In all of these efforts, inclusion and reducing disparities are priorities.















<u>www.trinitybuffalo.org</u> • (716) 852-8314

371 Delaware Avenue, Buffalo, NY 14202

Instagram: @trinity.church.buffal

(0)

YouTube: Trinity Church Buffalo

#### **S**TAFF

The Rev. Matthew R. Lincoln, Rector mlincoln@trinitybuffalo.org (716) 852-8314 ext. 2

Krista Seddon, Director of Ensembles; Pianist krista@kristaseddon.com www.kristaseddon.com

Paul Cena, Organist and Choir Director prcena@verizon.net

The Rev. Deacon Jeffrey Tooke, Curate

The Rev. William Roberts, Assisting Priest

Colleen O'Neill, Parish Administrator and Director of Children's Ministries coneill@trinitybuffalo.org (716) 852-8314 ext. 1

Jennifer Frey, Office Volunteer clerical@trinitybuffalo.org

Rich Mpelezos, Facility Manager rmpelezos@trinitybuffalo.org

Denise Lanzilotta, Caretaker Jay Mpelezos, Caretaker

#### VESTRY

John Alduino, Senior Warden Erickson Contreras, Junior Warden Bing Sherrill, Treasurer Elaine "Gretchen" Lodick, Clerk Clint Brown Emily Carlin Chris Cuccia Sue Doherty Connie Ervin Tim Lane Megan McElfresh Missy Stolfi

CHOIR MEMBERS

John Clayton, Section Leader Sue Doherty Christina Kinney Tim Lane, Section Leader Elaine "Gretchen" Lodick Laura Munson, Section Leader Tom Owen Jennifer Ross Laura Schleicher, Section Leader Chris Schmigel Steve Shanley Jamie Toenniessen Jocelyn Toenniessen, Section Leader Ignacio Villa

# TODAY'S WORSHIP TEAM

Voice of Trinity (Facebook):	Julie Keller-Rizzo
Cyber Sacristans:	Barbara Hall-Griesmann
Greeters:	Susie Green, Erickson Contreras
Readers:	Erickson Contreras, John Clayton, David Devereux
Prayers:	Missy Stolfi
Announcements:	John Alduino
Ministers of Communion:	Clint Brown, Missy Stolfi, Ed Fries
Guest musician:	Matt Harris, saxophone
Counters:	Tim Lane, John Alduino
Baker:	Patti Nisbet

#### All services are in person AND online:

Sunday @10:30am	In-person worship while live streaming on Facebook and YouTube. The Sunday online Live Stream service remains accessible as a video recording on Trinity's <u>Facebook</u> and <u>YouTube</u> pages after the service is over.	
Sunday @7:00pm	Featuring poetry and jazz, in person in the Chapel and on Zoom	
Wednesday @Noon	Prayer and holy conversation, in person and on Zoom	
Thursday @7pm	The wisdom and fellowship of 12-Step recovery, in person and on Zoom	
Free il server an average france line to a the Zeroman second in a service a home		

Email your request for a link to the Zoom worship services here.